Radnor Township Board of Health Meeting Minutes October 19, 2020

Board of Health Members Present: Linda Schanne, Jane Carabasi, Joan Capuzzi, David Simmons, Charles Wheeler, Paul Crotty, Lisa Hamaker

Radnor Township Health Officer: Marie Carbonara

Health Inspector: Katy Carlomagno

Student Reps. Soomin Lee, Trisha Priyadarshi

Board of Health Members Absent: Amit Khanna

The meeting was called to order at 5:30 PM, followed by the Pledge of Allegiance.

Minutes were approved as submitted from September 2020 meeting.

Health Officers Report

Public Flu Shot Clinic October 22 and 23 in Media

All public flu shot clinics can be found at delcopa.gov

Updated occupancy guidance was sent to restaurants and businesses in the township Updated staff interim protocols were implemented

Halloween recommendations made available on the township website - consistent with CDC and Chester County guidelines

- II. Old Business: None
- III. Student Interns Update: Dr. Carabasi

Introduction of interns Soomin Lee and Trisha Priyadarshi

Interns are interested in researching modification of the mental health curriculum at RHS for their project

IV. Presentation by Dr. Jackie Kloss: Achieving Optimal Sleep Health: Strategies for

Adolescents During COVID-19

Introduction by Roberta Winters

Power Point Presentation available on township website

(www.radnor.com/document center/view/23195)

Discussed the influence of distance learning on adolescent sleep patterns

Presented sleep data from summer 2020 survey by Regional Adolescent Sleeps Needs

Made recommendations for achieving optimal sleep health

V. COVID-19 Update: Dr. Simmons

Plan to schedule BOH zoom meeting to review remainder of presentation/updates

V. Superintendent Flanagan presented information regarding Delaware County Ordinance No. 2020-8 discussing civil penalty for the purchase, possession, or smoking of small amounts of marijuana

Board of Health made plans to issue a statement to the Delaware County Council

Announcements: None

Public Participation: None

Please join us for next Board of Health meeting scheduled for Monday November 16th at 5:30 PM and will be held in the Radnorshire Room in the township building.